

SUTTON HEALTH AND CARE PLAN VISION

A thriving Sutton for Everyone

REFORM PRINCIPLES

- Think Sutton first
- Work across sectors
- Get involved early
- Build stronger, self-sufficient, communities
- Provide coordinated, seamless services

STRATEGIC APPROACH

A commitment to establishing an Integrated Care Place through:

- Joint system leadership through the Local Transformation Board reporting to the Health and Wellbeing Board.
- Expansion of the Sutton Health and Care Alliance for provision of children and adult community services.
- Commitment to aligned commissioning between London Borough Sutton and Sutton CCG .
- Further development of Primary Care at Scale and Primary Care Networks within Sutton.
- Further integration between health and social care through locality working.
- Undertaking Outcome Based Commissioning Reviews.
- Expansion of the compassionate communities' approach within Sutton.
- Engagement as partners in Improving Healthcare Together 2020-30.

STRATEGIC PRIORITY

A coherent system of health and care that is shaped around the needs of Sutton's residents

Our Sutton Health and Care Plan priorities to achieve this will be to:

Start Well

- improve young people's mental health.
- improve the support provided to parents of children with Special Educational Needs and Disability.
- develop the universal offer to make sure all children are ready for school regardless of their socioeconomic status.

Live Well

- improve the specialist care support provided for adults with learning disabilities.
- improve how we encourage adults to make healthy lifestyle choices.
- improve the support for people with both a long term physical and mental health condition.

Age Well

- improve how we combat loneliness and social isolation among older people.
- improve how we support older people to stay out of hospital.

SUTTON HEALTH AND CARE PLAN INITIATIVES

Start Well – we will

- Implement a trailblazer enhanced mental health support pilot for children and young people in schools.
- Continue the perinatal and infant mental health network with new projects on infant mental health, patient and public engagement, and fathers and partners.
- Undertake a joint health and local authority review of our children's services to improve outcomes for:
 - * children with Special educational Needs and Disability.
 - * school readiness.
 - * mental wellbeing to build resilience.
- Review and redesign the information and support offer for parents of children with Special Educational Needs and Disability.

Live Well – we will

- Undertake a joint health and local authority review of how we commission services for people with Learning Disabilities in Sutton.
- Review and redesign the information and support offer for people with learning disabilities.
- Use population health intelligence to more effectively identify and target interventions and services for people living with a long-term condition.
- Work with residents, community groups, organisations and schools to promote healthy lifestyles.
- Improve the link between Primary Care and community assets to further support self-care.
- Implement the integrated Improving Access to Psychological Therapy - long term condition service model.

Age Well – we will

- Work with residents, community groups and businesses to investigate ways to leverage community capacity to better support people to be physically, economically and socially active.
- Extend the provision of social prescribing through voluntary sector organisations within Sutton.
- Extend the development of our Sutton Health and Care programme through implementation of a proactive model of care.
- Integrate pathways between Sutton Health and Care at Home service and services within the community.
- Redesign and improve our falls prevention strategy.
- Expand delivery of the Sutton End of Life care model for individuals in the last 12 months of life.

SUTTON HEALTH AND CARE PLAN BENEFITS

Start Well – include

- decreased incidence of self-harm in children and young people.
- improvements in mental health and resilience measures.
- experts by experience are part of the network and support work streams.
- services/interventions are developed to support the needs and wellbeing of fathers and partners in the perinatal period.
- increased awareness of local services offers and assets.
- improved access to community resources and services leading to increased independence and satisfaction.
- improved experiences for children with Special Educational Needs and Disability and their families.

Live Well – include

- improved experiences for people with learning disabilities and their families.
- a streamlined, single point of access, information and advice offer for all residents, including people with learning disabilities.
- improved access for clinicians to real time information on quality of care.
- increased physical activity.
- improved health and wellbeing outcomes.
- improved ability for people with long term condition to benefit from Improving Access to Psychological Therapy interventions.
- closer collaborative working between mental and physical services.

Age Well – include

- reduced social isolation.
- increased physical activity.
- improved physical and mental health outcomes.
- positive intergenerational relationships.
- strengthened community capacity.
- improved non-medical support for people.
- improved health and wellbeing outcomes.
- reduced use of inappropriate primary care time and capacity.