

**Are you pregnant or
have you recently had a
baby?**



**Are you from a minority
ethnic group?**

If you are pregnant or have had a baby in the last 2 years then Healthwatch Sutton would like to hear from you by completing our survey.

We are especially looking for people from minority ethnic groups to take part as these groups have not been well represented in the responses we have received so far.

We are asking questions about your experience of services and your views concerning mental wellbeing.

Follow this link bit.ly/HWPerinatal
Or scan the QR code using your mobile phone or tablet to take part.



Feel free to share!